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**NLSY97 Round 1**  
**Youth Questionnaire**

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## HEALTH

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[YHEA-100] R03206.00

Now, I'd like to ask you some questions about your general state of health. In general, how is your health?

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor

Lead In: YTRN-100[Default] YTRN-700[Default] YTRN-10000[Default]

Default Next Question: YHEA-200

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[YHEA-200] R03207.00

([age on 12/31/96] =13); /\* Check if sample member is 13 years old as of January 1, 1997 \*/

- 1 Condition Applies : Go To YHEA-400
- 0 Condition Does Not Apply

Lead In: YHEA-100[Default]

Default Next Question: YHEA-1800

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[YHEA-400] R03208.00

In a typical [week/school week], how many days do you eat breakfast? (DO NOT COUNT THE WEEKEND.)  
ENTER DAYS |\_|

Lead In: YHEA-200[Default]

Default Next Question: YHEA-500

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[YHEA-500] R03209.00

In a typical week, how many days do you eat at least some green vegetables or fruit? ENTER DAYS |\_|

Lead In: YHEA-400[Default]

Default Next Question: YHEA-600

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[YHEA-600] R03210.00

In a typical week, how many days do you engage in exercise that lasts 30 minutes or more? ENTER DAYS |\_|

Lead In: YHEA-500[Default]

Default Next Question: YHEA-700

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[YHEA-700] R03211.00

When you are riding in a car driven by someone else, what percent of the time do you wear a seatbelt?

- 1 ENTER A PERCENT (Enter percent on next screen.) (Go To YHEA-800)
- 999 Do not ride in a car
- 0 NEVER

Lead In: YHEA-600[Default]

Default Next Question: YHEA-900

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[YHEA-800] R03212.00

(When you are riding in a car driven by someone else, what percent of the time do you wear a seatbelt?)  
(ENTER PERCENT |\_|\_|\_|)

Lead In: YHEA-700[1:1]

Default Next Question: YHEA-900

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[YHEA-900] R03213.00

The next questions ask for your opinions on the effects of using different substances. Does smoking one or more packs of cigarettes per day, INCREASE THE RISK (chance) of ... getting heart disease?

1 Yes

0 No

Lead In: YHEA-700[Default] YHEA-800[Default]

Default Next Question: YHEA-1000

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[YHEA-1000] R03214.00

... getting AIDS?

1 Yes

0 No

Lead In: YHEA-900[Default]

Default Next Question: YHEA-1100

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[YHEA-1100] R03215.00

Does having 5 or more drinks of alcohol once or twice each week, INCREASE THE RISK (chance) of ... damaging the liver?

1 Yes

0 No

Lead In: YHEA-1000[Default]

Default Next Question: YHEA-1200

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[YHEA-1200] R03216.00

... getting heart disease?

1 Yes

0 No

Lead In: YHEA-1100[Default]

Default Next Question: YHEA-1300

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[YHEA-1300] R03217.00

... getting arthritis?

1 Yes

0 No

Lead In: YHEA-1200[Default]

Default Next Question: YHEA-1400

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[YHEA-1400] R03218.00

... becoming addicted to alcohol?

1 Yes

0 No

Lead In: YHEA-1300[Default]

Default Next Question: YHEA-1500

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[YHEA-1500] R03219.00

... harming an unborn child?

- 1 Yes
- 0 No

Lead In: YHEA-1400[Default]

Default Next Question: YHEA-1550

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[YHEA-1550] R03220.00

(HAND CARD X) Here are three of the many methods of preventing pregnancy. Which of these three is the most effective for preventing pregnancy?

- 1 Withdrawal
- 2 Condom
- 3 Birth Control Pill

Lead In: YHEA-1500[Default]

Default Next Question: YHEA-1600

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[YHEA-1600] R03221.00

(HAND CARD X) Which of these same three methods is the most effective for preventing sexually transmitted diseases like AIDS or gonorrhea:

- 1 Withdrawal
- 2 Condom
- 3 Birth Control Pill

Lead In: YHEA-1550[Default]

Default Next Question: YHEA-1700

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[YHEA-1700] R03222.00

(HAND CARD Y) When during the female monthly cycle of menstrual periods is pregnancy most likely to occur? Please look at the card and tell me the number corresponding to your answer.

- |   |  |
|---|--|
| 1. Right before the period begins       | 4. About two weeks after the period begins       |
| 2. During the period                    | 5. Anytime during the month, makes no difference |
| 3. About a week after the period begins | 6. Don't know                                    |

Lead In: YHEA-1600[Default]

Default Next Question: YHEA-1800

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[YHEA-1800] R03223.00

([does R have a parent or guardian] = 0); /\* Youth is living with no parents or guardians - period! \*/

- 1 Condition Applies : Go To YHEA-1900
- 0 Condition Does Not Apply

Lead In: YHEA-200[Default] YHEA-1700[Default]

Default Next Question: YHEA-2000

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[YHEA-1900] R03224.00

Are you covered by health insurance that includes physician or hospital care through any of the following?

- 1. Your or someone else's job, union or business?

2. A direct purchase from an insurance company or through a professional association or retirement association?
3. MediCAID (OR STATE NAME FOR MEDICAID), the state-sponsored program to provide health care to low income people?
4. MediCare, the plan for people 65 or older and some younger disabled people that is sponsored by the federal government?
5. A military-related health plan such as CHAMPUS (which covers both active duty retired military personnel, their dependents and survivors), CHAMPVA (which covers disabled veterans, their dependents and survivors), or are you eligible for VA hospital care?
6. Anything else or are you not covered?
0. NONE

Lead In: YHEA-1800[1:1]

Default Next Question: YHEA-2000

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[YHEA-2000] R03225.00

Can you tell me approximately what your height is? (INTERVIEWER: ENTER HEIGHT IN FEET AND ENTER HEIGHT IN INCHES ON THE NEXT SCREEN. PRESS <F5> FOR "REFUSE", <F6> FOR "DON'T KNOW".) ENTER FEET |\_|

Lead In: YHEA-1800[Default] YHEA-1900[Default]

Default Next Question: YHEA-2100

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[YHEA-2100] R03226.00

INTERVIEWER: ENTER INCHES |\_| OF R'S HEIGHT.

Lead In: YHEA-2000[Default]

Default Next Question: YHEA-2200

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[YHEA-2200] R03227.00

Can you tell me approximately what your weight is? (INTERVIEWER: PRESS <F5> FOR "REFUSE", <F6> FOR "Don't Know".) ENTER POUNDS |\_|\_|

Lead In: YHEA-2100[Default]

Default Next Question: YSAQ-INTRO-1

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